

Vaud Youth Questionnaire

Let's collect feedback about the programs that Eden-Well can offer, in order to tailor the programs to the actual needs of youth.

* Required

Profile

Please leave us your name and email if you are willing to get information about the project development, or if you are willing to contribute. In case you provide some input in the free form, we may want to contact you to get further clarifications.

The school information is mandatory, as it helps us to understand our audience.

1. Your Name

2. Your Email

3. Age *

4. School *

Desired skills

5. Social-Emotional needs. Please rate them.

Mark only one oval per row.

	1 - Not interested at all	2 - Rather not interested	3 - Somehow interested	4 - Very interested	5 - I really need this!
Create and nourish social life during Covid-19	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How to manage personal and family relationships	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Deal with Loneliness, Abandonment or Bullying	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Join an online supportive community of like-minded individuals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dealing with uncertainty, fatigue, anger and stress	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The power of thought and mindfulness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Boost my self-esteem and self-confidence	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Heal the wounds of the past	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Develop healthy habits around social media and technology use	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How food, drinks and substances change who we are	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6. Leadership skills. Please rate them.

Mark only one oval per row.

	1 - Not interested at all	2 - Rather not interested	3 - Somehow interested	4 - Very interested	5 - I really need this!
Mentorship programs and platforms	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Build resilience and a healthy attitude towards failure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Managing high expectations & perfectionism	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Discover my Purpose, Goal setting and achieving	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Strategic thinking and Decision making	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Creativity, Critical thinking, Assessing information & defending your views	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Prioritization, Time management & Quick Wins	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Soft skills (public speaking, presentations, storytelling)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Become a social media influencer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Conflict Resolution, Teamwork & Negotiation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7. Core skills. Please rate them.

Mark only one oval per row.

	1 - Not interested at all	2 - Rather not interested	3 - Somehow interested	4 - Very interested	5 - I really need this!
Management of finance and investments	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Perform better in school: Fast Reading & Mind Maps	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Get basic digital skills (Privacy & Security, Digital Footprint & Identity, Programming)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Get advanced digital skills (Internet advertising, Video clips creation, Building websites and mobile apps)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Design thinking: develop and test new ideas	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Personal Branding & Marketing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Creating innovative businesses	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

8. Preferred social activities in your leisure time? Please select all that apply.

Check all that apply.

- Online gaming
- Watching a movie/digital concert with a group of friends
- Online Workouts
- Community work/volunteering
- Quiz Competitions
- Visit to museums & cultural sites
- Gym/hikes/sporting activities
- Creative activities (singing, painting, writing, crafts)

Other: _____

**Format of
the
programs**

Where, how and how often would you like to participate in the programs that we will offer based on the questionnaire results.

9. Preferred venues for the programs.

Mark only one oval.

- Online where possible
- Preferably online
- Preferably in person
- No preference/depends on the program

10. Preferred frequency of the programs

Mark only one oval.

- Several times a week
- Once a week
- Once in two weeks
- Weekend programs

11. Which is your favorite social network? Please select all that apply.

Check all that apply.

Instagram

Facebook

Twitter

Snapchat

TikTok

Pinterest

Discord

ClubHouse

Badoo

Other: _____

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